



"First Night" Questionnaire

These are some example questions that can serve as a guide for the conversation typically held during what we call the "First Night."

Although they might not be asked on the very first night, since students are often tired after their long journey, it is recommended to go through them during the first week. It's important that the host family be accompanied by a member of the Rotary club committee, preferably the inbound counselor, in order to support the student's adaptation process and help avoid possible misunderstandings in the future.

1. How should I address you?
2. What household chores would you like me to help with, besides making my bed every day, keeping my room tidy, and cleaning the bathroom after I use it?
3. What is the procedure for doing laundry?
4. Where should I keep my dirty laundry in the meantime?
5. Should I wash my own clothes, including my underwear?
6. Should I iron my clothes?
7. Can I use the washing machine and iron at any time?
8. What is a convenient time for me to use the shower/bathroom?
9. Where should I keep my toiletries?
10. May I use the family's toiletries (toothpaste, soap, etc.)?
11. At what time are meals served?
12. How can I help at mealtime? (Helping to prepare the food, setting the table, clearing the table, washing dishes, putting dishes away, taking out the trash, etc.)
13. May I help myself to food and drinks, or should I wait to be offered?
14. Which areas of the house are strictly private? (Parents' bedroom, office/study.)
15. May I put up pictures or posters in my room?
16. May I arrange the room to my liking?
17. Where should I store my suitcases?
18. What time should I get up on weekdays? And on weekends?



19. What time should I go to bed? (During the week and on weekends.)
20. What are the rules regarding going out at night and what time should I be home? Can exceptions be made if I ask in advance?
21. May I invite friends to spend the night? And to visit during the day?
22. Are there any habits that might bother you, such as chewing gum, wearing a hat at the table, or playing loud rock music?
23. Is there anything in particular that might annoy my host siblings?
24. When are your birthdays?
25. What means of transportation should I use? (Car, bus, bicycle, walking, etc.)
26. May I use the stereo, TV, or computer at any time?
27. Are there any limits on computer or internet use?
28. What rules should I follow regarding attending church?
29. Should I call you if I'm going to be 10, 20, or 30 minutes late coming home?
30. What arrangements should I make for lunch at school?
31. How will I get to school?
32. Am I expected to attend Rotary meetings? If so, how will I get there?
33. What other chores can I help with at home? (Mowing the lawn, cleaning, babysitting?)
34. Could you tell me how I should interact with any household staff? (If applicable.)
35. Is there anything else you'd like me to know?